

Dr. Nighat Sultana

Profession	MBBS, MSPH
Languages	English, Urdu, Punjabi
Computer skills	MS Office, SPSS, STATA, N-VIVO, End Note, Epi info
Address	61-A Doctors Town, Sector O-9, LohiBhair , Islamabad
Contacts	0300-8580349, drnighat@comsats.edu.pk , drnighatsultana@gmail.com ,



Academics

- MSPH - Master of Science in Public Health, (MSPH-2012-13) from Health Services Academy, Quaid – e - Azam University, Islamabad (First Position)
- MBBS (Bachelor of Medicine, Bachelor of Surgery) from Rawalpindi Medical Collage, Rawalpindi, Pakistan in 1994.

Professional Experience

1. Assistant Professor - COMSATS University, Islamabad

From July 1, 2015 to Date), Islamabad, Pakistan

Working as an Assistant Professor in Health Informatics Department of COMSATS University, Islamabad.

2. Consultant - COMSATS University, Islamabad

From August 19, 2014 to June 30, 2015, Islamabad, Pakistan

Worked as a Consultant in Health Informatics Department of COMSATS University Islamabad.

3. Rural Support Programme Network, Islamabad.

September – December, 2013. Islamabad

4. Health Services Academy, Islamabad

April-July, 2013,

Worked on management of information resource center (Knowledge Management), which includes

- Management of Publication, Material, Books, Documents, Reference Material
- Organization and inventory management
- Updating Mailing List and material circulation

5. Micronutrient Initiative

Year 2009-2010

Worked as consultant for capacity building / training, BCC Activities and IEC material development for different “Fortification Projects”.

6. Rural Support Programme Network - 2009

- Reviewed IEC Material, Training Manuals, Hand books, guide books, and other education, awareness and training material available in Pakistan related to women health issues, Hygiene Promotion and Protection.
- Identified gaps and areas for further improvements. List the institutions engaged in the development of said material
- Develop a comprehensive report on the bases of above mentioned review which includes suggestions and recommendations to improve and standardized IEC and Training material.

7. Water Aid International - 2008

As a consultant, I have completed following assignments for water aid international.

- Consultation with Partner NGOs in Four Provinces
- Training need assessment of partner organizations of water aid in 4 provinces
- Development of training manual on “Health, Hygiene and Water Safety”
- Designing of training of trainers
- Conduction and management of training of master trainers, trained group of 40 master trainers through 2 events.

8. Integrated Health Services - I H S 2003-2007

Intergraded Health Services – is an NGO working for the women and children health issues, I was associated with I H S as a school Doctor following were the jobs I have performed during my association with I H S.

- Health Assessment and Reporting
- Training of Trainers on First Aid
- Development of Material for BCC
- Management of School Health Portfolio
- Parent’s Education and Training
- Students Education on Health and Protection

I have been associated with various assignments at community level like participation in free medical camps both curative and preventive (Health education, awareness sessions)

9. Working with Shifa International Hospital, Islamabad; 1994-98

As a Senior Medical Officer I have performed my duties from 1994-1998. Joined as a medical officer and later on promoted as a senior medical officer in Gynae& Obstetrics Department, at Shifa International Hospital, Islamabad.

Professional Training Attended

1. Participated in 9th Annual Public Health Conference 4th& 5th December-2018 on “Local to Global” at Health Services Academy Islamabad; Ministry of National Health Services, Regulation & Coordination, Government of Pakistan.
2. Participated in International Conference on” Life Sciences and Human Health System Engineering, Multidisciplinary & Interdisciplinary Approach”, on Mon 15th& Tue 16th January 2018 at Fazaia Medical College, Air University, Islamabad.
3. Attended 8th Annual Public Health Conference 6th& 7th December-2017, at Health Services Academy, Islamabad; “Social Health Protection in Pakistan, Prospects, Scalability and Sustainability”
4. Participated in training workshop on “ Research Methodologies” conducted by SUNAR, (Scaling up Nutrition Academia and Research), Pakistan August 16-18, 2017 at Air University, Fazaia Medical College; E-9, Islamabad
5. Attended 2nd Two Day International Workshop on, ICT for Development: Mainstreaming the Marginalized. October 5- 6, 2017, Islamabad-Pakistan.
6. Workshop on Supply Chain Management Of Health Commodities, organized by Health Services Academy in Collaboration with USAID DELIVER Project, 26th February 2013 to 1st March 2013.
7. Consultative Meeting on “MNCH Research in Pakistan; Roadmap for the next 5 years”, March 19-20, 2013
8. Course on “Quality Management in Health Care”, organized by Health Services Academy in collaboration with GIZ, May 27 to June 7, 2013.
9. Participated in training course on “Innovative Pedagogy for Higher Education” conducted by University of Taxes under Women Global Initiative December 7-11, 2015 at Fatima Jinnah University, Rawalpindi. Pakistan
10. ISO Coordinator Workshop – organized by COMSATS From September 1-2, 2015, Islamabad, Pakistan
11. SUN CSA Pakistan Strategic Planning Workshop as organized by Save the Children, August 25-27, 2015, Islamabad.
12. Participated in “workshop on Impact Evaluation” organized by NRSP and University of Mannheim, Germany from December 17-19, 2013 at Islamabad.
13. Participated in 4th Public Health Conference held at Health Services Academy, Islamabad and won the best Poster Presentation on my research thesis.
14. “Social Determinants of Health: Issues and Challenges in Pakistan”, 3rd Annual Public Health Conference at Health Services Academy, 3-4 December 2012.
15. “Communicating Health; Saving lives” organized by Health Services Academy in collaboration with USAID, 1st -2nd November,2012

Reports /Publications

As a part of module /Manual /Handbooks Development team, worked on following publications;

1. Article “Low utilization of postnatal care, searching the window of opportunity to save mothers and newborn lives in Islamabad capital territory, Pakistan.” has been published in BMC Research Notes <http://www.biomedcentral.com/1756-0500/8/645>
2. Community Based Disaster Risk Management Manual , Published and Funded by USAID/RSPN
3. Handbook on Wheat Flour Fortification, IEC Material, Published and Funded by Micronutrient Initiative, Canada
4. “Health, Hygiene and Water Safety” Handbook, Published and funded by Water Aid International.

REFERENCES:

1. Dr. Babar Tasneem Shaikh, M.B.B.S, MBA, MPH, PhD, FRCP Edin, Associate Professor, Health Services Academy, Senior Technical Adviser- HPSIU , Ministry of NHR&C, Islamabad Contact No. +92-333-2303403, Email: shaikh.babar@gmail.com
2. Dr. Shahzad Ali Khan ,M.B.B.S, MBA, MPH, PhD, Assistant Professor, Health Services Academy, Islamabad, Contact No. +92-343-5252522, Email: shahzadk67@gmail.com
3. Sohail Manzoor, Programme Manager Human Resource Development National Rural Support Programme Head Office, Islamabad 03005004818, Sohail.manzoor@nrsp.org.pk